

ISOBS Newsletter

August 2023



Dear [NAME],

Happy Summer 2023! In these lazy days of August, we thought it is timely to update you with [ISOBS's](#) latest advancements and achievements. We'd like to share our latest faces, places, publications, pictures, and another unfortunate personal OBA story...

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Publications:

We are proud to announce that since last year, we have produced two new exciting publications:

Safety considerations with the current ambulatory trends: More complicated procedures and more complicated patients

Steven Young ¹, Brian Osman ², Fred E Shapiro ³

Affiliations + expand

PMID: 36912006 DOI: [10.4097/kja.23078](https://doi.org/10.4097/kja.23078)

Review

> [Curr Opin Otolaryngol Head Neck Surg.](#) 2023 Aug 1;31(4):231-237.

doi: [10.1097/MOO.0000000000000902](https://doi.org/10.1097/MOO.0000000000000902). Epub 2023 May 9.

Evidence-based perioperative opioid-sparing techniques during the United States opioid crisis

Chloe Warinner ¹, Lois F Parker ², Fred Shapiro ³, Nate Jowett ¹

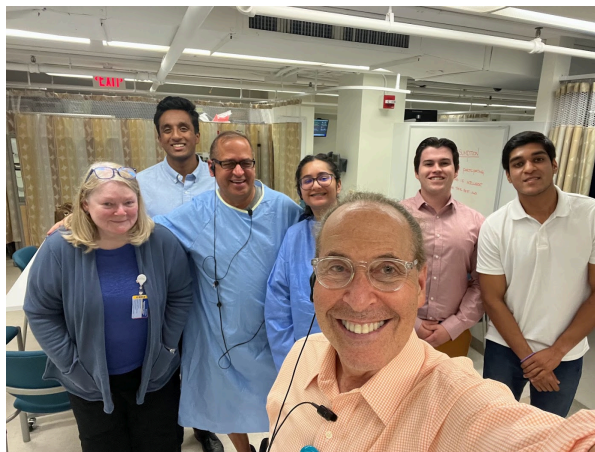
Affiliations + expand

PMID: 37266750 DOI: [10.1097/MOO.0000000000000902](https://doi.org/10.1097/MOO.0000000000000902)

Research that our team is spearheading:

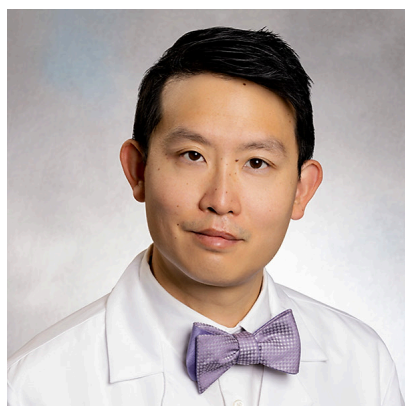
APSF Simulation Training Research & the Monitored Anesthesia Care (MAC) Decision Aid:





People:

ISOBS's new projects come with new team members! We'd like to introduce our exciting new and growing team.



Dr. Steven Young

Born in Texas, and lived in California during high school and college, Dr. Young joined the Peace Corps for two years in Guyana. After returning from the peace corps, he completed medical school at Tufts University School of Medicine. He completed a residency in Anesthesia at Beth Israel Deaconess Medical Center as well as a fellowship in Acute Pain and Regional Anesthesia. Following that Dr. Young started a job at Massachusetts Eye and Ear and Brigham and Women's Hospital. Outside work, Dr. Young loves

spending time with his baby and wife. They often enjoy exploring art, museums, breweries, and playgrounds.

Dr. Stacey Ellender, PhD

Stacey Ellender, Ph.D., is managing Dr. Shapiro's multiple clinical research projects. Dr. Ellender is currently the Sr. Clinical Research Regulatory Compliance and Education



from the Heller School at Brandeis University and has managed and developed research projects for over 20 years.



Dolly Modha

Dolly is a dedicated gap-year student with a Bachelor of Science in Biology from California State University Fullerton. She recently completed her premedical coursework at Northeastern University, furthering her passion for osteopathic

medicine. Dolly has a diverse background, with extensive experience in clinical/retail pharmacy, evolutionary theories of aging research, and clinical research in Neuroendocrine & Ambulatory Anesthesia. Her enthusiasm for osteopathic medicine extends beyond academics, as she is an active member of the National Pre-SOMA organization. Apart from her medical pursuits, Dolly finds joy in various hobbies, including training her dog, painting, and cultivating bonsais.



Vikranth Chinthareddy

Vikranth is a gap-year student with a Bachelor of Arts in Neuroscience with a minor in Psychology from Boston University. He has experience working in an ophthalmology clinic and doing research in glaucoma and Alzheimer's disease at Massachusetts Eye and Ear Infirmary and Boston University Medical School respectively. Apart from his interests in academia, Vikranth enjoys photography, working out, and exploring the city of Boston.

Justin Talluto

Justin is a rising senior majoring in biology and health sciences at Emmanuel College. He has experience working in memory care facilities as well as extensive research in transcription gene regulation. In addition, he spends time volunteering at some of the local hospitals in the area such as Massachusetts Eye and Ear and Beth Israel in the psychiatric department. Separate from his interest in medicine, he spends time playing drums, lifting, and playing basketball.



medical student at Tufts University who is currently applying into anesthesiology residency. Prior to medical school, Brendan completed his undergraduate education at St. Lawrence University where he also was an NCAA

ski racer. In his free time, Brendan also enjoys tennis, mountain biking, and spending time with his family in northern Maine.

We wish them well! Team members are advancing:

Dr. David Benavides Zora - for starting a Clinical Fellowship in Advanced Perioperative Ultrasound at Beth Israel Deaconess Medical Center!

Dr. Anthony Dinkel - for graduating from Harvard Medical School and starting an anesthesiology residency at Northwestern Medicine!

Kevin McCarthy - for starting at Tufts Medical School!

Jugal Singh - for graduating from Northeastern University with a Bachelor's in Science and working on his medical school interviews!

Places: ISOBS Team Around The World!

October 2022

The [Anesthesiology Annual Meeting](#) in New Orleans, LA hosted by the **American Society of Anesthesiologist (ASA)**!



March 2023

Dr. Shapiro was honored by the **Massachusetts Medical Society** as: **The 2023 Community Clinician of the Year!** Read more [here!](#)



Dr. Shapiro was interviewed by the **American Osteopathic Association (AOA)** for its March 2023 issue by Dr. Waters. Read the full article [here!](#)

April 2023

The [2023 Annual Scientific Sessions](#) hosted by the **American Society of Dentist Anesthesiologists (ASDA)** in New Orleans, LA!



Dr. Shapiro visited his alma mater **Kansas City University College of Osteopathic Medicine (KCU)** and received a warm welcome from the medical students!



Drs. Urman & Shapiro participated in the **European Symposium on Ambulatory Anesthesia & Analgesia (AAA2023)** in Zurich!

The **Society of Ambulatory Anesthesia** ([SAMBA](#)) Annual Meeting in Phoenix, AZ!



Drs. Urman & Shapiro attended the [2023 Anesthesia Patient Safety Symposium](#) in Malaysia hosted by the **Anesthesia Patient Safety Foundation** ([APSF](#))!

Patient Safety In The News:

An unfortunate tragedy of a 46 year old grandmother of 11 who died having an office based plastic surgery procedure

BLAVITY : NEWS

Grandmother Of 11 Dies After Botched BBL; Surgeon Fined \$10K And Forced To Attend Mandatory Lecture



Martie Bowser

February 21, 2023 · 3 min read



Read the full article [here](#)!

It's stories like this that continue to propel our mission to improve office based anesthesia and surgical safety.

Wishing you a happy summer! Stay tuned for our next issue in the fall!
Fred & the ISOBS Team