

ISOBS Newsletter

December 2025



Institute for Safety in Office-Based Surgery

Information • Education • Research

Dear [NAME],

Happy Holidays 2025! As this year is coming to a close, we thought it is timely to update you with [ISOBS's](#) latest advancements and achievements. We'd like to share our latest faces, places, pictures, and another OBA story...

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Publication:

ANESTHESIA & ANALGESIA®

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FEATURED ARTICLES
Office-Based Anesthesia



www.anesthesia-analgesia.org

We published three articles in [Anesthesia & Analgesia](#) (August, September, and October 2025). Office-Based Anesthesia was featured in August 2025 along with podcast: [Link](#)

Office-Based Anesthesia: An Update on Current Trends and Practice:

Office-Based Anesthesia: An Update on Current Trends and Practice

Justin Talluto ¹, Vikranth R Chinthareddy ², Brian M Osman ³, Fred E Shapiro ²

Affiliations + expand

PMID: 40036160 DOI: [10.1213/ANE.00000000000007457](https://doi.org/10.1213/ANE.00000000000007457)

Office-based anesthesia (OBA) is becoming increasingly popular, and the overall number and complexity of medical procedures continues to rise. This paper discusses safety in OBA settings, its advantages and disadvantages, patient and procedure selection considerations, facility requirements, and the importance of simulation training and checklists to improve OBA safety.

Global Access to Clinical Office-Based Surgical and Anesthesia Practices:

> *Anesth Analg*. 2025 Oct 1;141(4):748-754. doi: [10.1213/ANE.00000000000007521](https://doi.org/10.1213/ANE.00000000000007521). Epub 2025 Apr 25.

Global Access to Clinical Office-Based Surgical and Anesthesia Practices

Steven Young ^{1 2}, Michelle Mathew ³, Elizabeth Keene ³, Mikayla Lebo ³, Rajbir Sooch ³, Tae-Yop Kim ⁴, Denise Battaglini ^{5 6}, Gustavo Norte ⁷, Federico Puerta-Martinez ⁸, Juan Jose Puerta-Martinez ⁸, Igor Abramovich ⁹, Romeo Leiva ^{10 11}, Tarika Srinivasan ¹², David Shaye ^{12 13}, Fred E Shapiro ^{1 2}

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PMID: 40279283 DOI: [10.1213/ANE.00000000000007521](https://doi.org/10.1213/ANE.00000000000007521)

This paper examines the 6Ps of OBA safety – patient selection, procedure, place, personnel requirements, policies, and practice management – and how they apply to practices across the world.

Mentor/Mentee Office-Based Anesthesia Experience and Curriculum 2024:

Mentor/Mentee Office-Based Anesthesia Experience and Curriculum 2024

Patrick M Connell ¹, Devon M Evanovich ², Cassie C Dietrich ³, Fred E Shapiro ⁴

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PMID: 40251141 DOI: [10.1213/ANE.00000000000007515](https://doi.org/10.1213/ANE.00000000000007515)

This paper provides information regarding the SAMBA mentor/mentee OBA experience, including its emphasis on helping medical students gain anesthesia experience that they normally would not receive as part of their standard medical school curriculum. It allows students to understand how OBA functions in medically underserved areas, risks specifically associated with OBA, the 6Ps of patient safety, patient selection considerations, office setup, and emergency preparedness, to name a few.

SAMBA OBA Mentor/Mentee Experience:

This program aims to teach 3rd and 4th year medical students about the **6Ps of anesthesiology** by pairing them with an experienced mentor. This unique experience allows students interested in OBA to gain an understanding of what the field truly entails.

ISOBS established a scholarship program for SAMBA to support students in mentor/mentee experiences.

Harvard Medical School Course Update:



The course had multiple students;
overwhelmingly successful course;
'transformative' experience in pursuing
anesthesiology.

The course is available to any medical student
across the USA in addition to those at Harvard.
Further information can be accessed through
the HMS Registrar

@ <https://meded.hms.harvard.edu/exchange-clerkship-apply>. (ref: AE510M.J)



Lucia Anna Mulei

Lucia is a rising third-year at UNC Chapel Hill studying Biostatistics with a minor in Chemistry on the pre-med track. For the past two years, she has performed research on the epidemiology and genetics of malaria at both UNC School of Medicine and NIAID. This summer, she supported the work of Dr. Fred Shapiro at Mass Eye and Ear Infirmary by recruiting patients for an ongoing study exploring the effectiveness of a preoperative MAC decision aid, as well as by performing literature reviews and drafting for an upcoming chapter in *Anesthesiology Clinics*. In her spare time, Lucia enjoys reading, singing in UNC's choir, and cooking.



Anusha Chindam

Anusha holds a Doctor of Pharmacy degree from India and a Master's in Clinical Research from MCPHS Boston. She has extensive experience supporting clinical trials and patient care across hospital and research settings, including work at Mass General Brigham and Mass Eye and Ear. Skilled in informed consent, patient recruitment, biospecimen handling, protocol adherence, and source documentation, Anusha is committed to ensuring the highest standards of safety and compliance in clinical and surgical environments. Her training in Good Clinical Practice (GCP) and adherence to institutional and regulatory guidelines underscores her dedication to safeguarding patient well-being in office-based surgical procedures.

We wish them well! Team members are advancing:

Dr. Shapiro became the **President Elect** of [SAMBA](#)!



Dr. Urman became the **Secretary** of [SAMBA](#)!

Places: ISOBS Team Around The World!

October 2024

Dr. Shapiro and team attended the **2024 Anesthesiology Annual Meeting** hosted by the **American Society of Anesthesiologists** ([ASA](#)) in Pennsylvania!





November 2024

Dr. Shapiro presented on the topic of Ambulatory & Office Based Anesthesia at the **2024 Fall Anesthesia Conference** hosted by the **California Society of Anesthesiologists (CSA)** in Hawaii!



Dr. Shapiro and team attending the **Annual Scientific Meeting in Anesthesiology 2024** hosted by the **Hong Kong College of Anesthesiologists** in Hong Kong!



Another Tragic Event:

An **accidental** death of a **9-year-old girl** in San Diego from methemoglobinemia following nitrous gas administration for a dental procedure. This story is an example of some of the risks associated with office-based anesthesia.

U.S. NEWS

9-year-old San Diego girl's death after dental procedure ruled an accident

Silvanna Moreno died after she underwent anesthesia for a dental procedure at a San Diego dentist's office.

Read the full article [here!](#)

It's stories like this that continue to propel our mission to improve office-based anesthesia and surgical safety.

Wishing you a Healthy & Happy New Year! Stay tuned for our next issue!
Fred, Rich, & the ISOBS Team



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